

## FACULTY

**Kim Kraft BSN, RN, CPAN**  
Ballwin, Missouri  
ASPAN President 2010-2011

**Kim Noble Ph.D., RN, CPAN**  
Ambler, Pennsylvania

**Matthew Fiegel MD**  
Assistant Professor of Anesthesiology  
Director of Acute Pain Services  
University of Colorado - Anschutz Medical Center - Aurora, Colorado

**Barbara Godden MHS, RN, CPAN, CAPA**  
Clinical Nurse Coordinator - PACU  
Sky Ridge Medical Center - Lone Tree, Colorado  
ASPAN Director for Clinical Practice

**Barb Krumbach MS, RN, CNS, CCRN, CPAN**  
Perianesthesia CNS / Educator  
University of Colorado Hospital - Aurora, Colorado  
Co-Chair: ASPAN Pain SPG

**Nancy O'Malley, MA, RN, CPAN, CAPA**  
Perioperative / Perianesthesia Educator  
Parker Adventist Hospital - Parker, Colorado  
ASPAN Regional Director, Region 1

**Mary Seitenbach BSN, RN, CPAN**  
Chest Pain Center Coordinator  
Exempla Good Samaritan Medical Center - Lafayette, Colorado  
RMPANA Education Committee Chair

**Purpose/Goal:** To provide perianesthesia nurses working in hospitals, ambulatory surgery centers, and offices with education related to clinical issues and work environment concerns

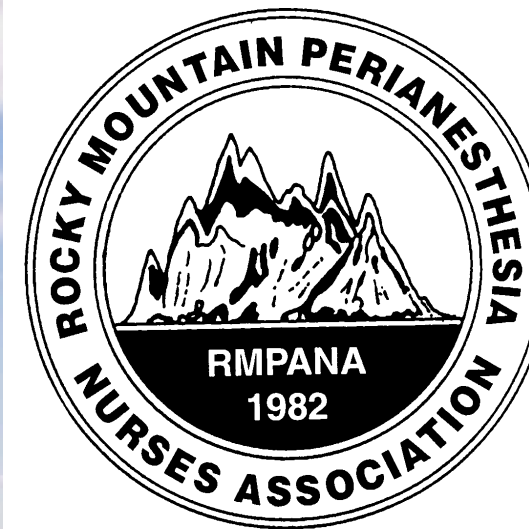
**Target Audience:** Ambulatory, perianesthesia and procedural nurses

**Overall Program Objective:** Discuss current topics important for Ambulatory, perianesthesia and procedural nurses

### **Accreditation**

This activity has been submitted to American Society of Perianesthesia Nurses for approval to award contact hours. American Society of Perianesthesia Nurses is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation

**Disclosure Statement:** All faculty at nursing continuing education activities are required to disclose to the audience (1) any significant financial relationships with the manufacturer(s) of any commercial products, goods or services, and (2) any unlabeled/unapproved uses of drugs or devices in their presentations. Such disclosures will be made in writing in the course presentation materials.



# Rocky Mountain PeriAnesthesia Nurses Association

12<sup>th</sup> Annual

# Retreat In The Rockies

October 1-3, 2010

**SNOW MOUNTAIN RANCH  
YMCA Of The Rockies  
12 Miles past Winter Park,  
Colorado**

For Directions, see [www.ymcarockies.org](http://www.ymcarockies.org) and click on Snow Mountain Ranch

Name \_\_\_\_\_ Phone \_\_\_\_\_ E-Mail \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Facility Name \_\_\_\_\_ Areas Worked \_\_\_\_\_  
 Facility Address \_\_\_\_\_  
 Title: RN \_\_\_ LPN \_\_\_ Other \_\_\_ Certifications: CPAN \_\_\_ CAPA \_\_\_ Other \_\_\_  
 ASPAN Membership # \_\_\_\_\_ RN License # \_\_\_\_\_ State: \_\_\_\_\_

FEES:	Early Bird (By July 26)	Regular (July 27-August 31)	Late Fee (After August 31)	Saturday Only
Members:	\$250	\$290	\$320	\$120
Non-members:	\$310	\$350	\$380	\$140
Guest Fee:	\$215	\$225	\$235	

Registration is based on 2 registrants per room. A private room (single occupancy) is an additional \$100. Sharing Room with: \_\_\_\_\_ Need Roommate: \_\_\_\_\_ Need Handicapped Room: \_\_\_\_\_

If bringing a guest to share your private room, they must pay the guest fee. They are not included in the extra \$100.00 fee.

Fee includes 2 nights lodging, 6 meals, educational materials, and contact hours.

Sunday Box Lunch: \_\_\_\_\_

Make checks payable to RMPANA

Register for Mountain High Walk \$15 \_\_\_\_\_

**Fee includes a t-shirt and beverage-  
Please indicate t-shirt size S M L XL 2XL**

Cancellation Policy:

Full refund prior to 7/26/2010

Upon receipt of written cancellation

No Refunds after 7/26/2010

Send Registration, Form and Fees to:

Lynda Marks

10227 S. Bentwood Circle

Highlands Ranch, CO 80126-7865

### Additional Information

We have rooms reserved in the Indians Peaks Lodge at Snow Mountain Ranch - YMCA of the Rockies.

They are double rooms with 2 queen beds in each, and private bath. Registration and room check-in will be in the lobby of the Indian Peaks Lodge.

**There are no TVs in the guest rooms. Bring a flashlight for after dark. There is an indoor pool available. The YMCA requests that we respect quiet hours from 2300-0700.**

The weather can be variable, warm during the day and cool at night. Bring clothes for changing conditions, as well as good walking shoes.

You may eat in the cafeteria for lunch on Sunday, or a box lunch is available to take with you for those who reserve it 2 weeks ahead of time.

### **Education Committee**

Mary Seitenbach BSN,RN,CPAN Chair

Lynda Marks RN, CAPA

Nancy O'Malley MA,RN,CPAN,CAPA

Maureen Lisberger BS,RN,CCRN,CPAN

Barbara Krumbach MS,RN,CNS,CCRN,CPAN

Kathy Anderson BSN,RN,CAPA

Audrey Cook BSN,RN,CPAN,CAPA

Lois Schick MN,MBA,RN,CPAN,CAPA

We will be collecting hats, socks, mittens, gloves, and scarves to be donated to Battered Women's Shelters.

### **Mountain High Walk**

Join us for a special hike **to the waterfall on Sunday after the Conference- about 1 hour. This is a Fund**

Raiser to benefit the Scholarship Fund.

**Application for contact hours in process.**

## **PROGRAM**

### **FRIDAY, October 1, 2010**

1000-1500 RMPANA Board of Directors Meeting  
 1500-1600 New Board Member Orientation  
 1600-1700 Leadership Reception (Come to meet leaders from each District)  
 1530-1930 Registration  
 1600-2000 Complimentary Chair Massages - Sign up in the lobby by the fireplace  
 1700-1900 Dinner (Cafeteria Style)  
 1930-1945 Welcome, Introductions  
 1945-2115 Peri-Anesthesia Challenge  
 Mary Seitenbach and Barb Krumbach  
 2115 Refreshments & Social Time

### **SATURDAY, October 2, 2010**

0700-0800 Breakfast (Cafeteria Style) and Massages  
 0730-0800 Exhibits and Coffee  
 0800-0815 Welcome, Introductions, Orientation to Facilities  
 0815-0830 President's Address - Pam Myrum RMPANA President  
 0830-1000 The Application of Evidence Based Practice to Clinical Practice  
 Kim Noble  
 1000-1030 Break & Exhibits  
 1030-1200 Procedural Sedation Primer  
 Kim Kraft  
 1200-1300 Lunch (Cafeteria Style) & Exhibits  
 1300-1400 Hyponatremia: What, Why, and Who is at risk  
 Kim Noble  
 1400-1415 Break & Exhibits  
 1415-1515 The Skinny on Bariatric Surgery  
 Kim Noble  
 1515-1530 Break  
 1530-1700 Acute Pain Management in the Chronic Pain Patient  
 Matt Fiegel  
 1700-1900 Dinner (Cafeteria Style)  
 1900-2000 District Meetings  
 2000-2130 Hot Topics - Kim Kraft, Kim Noble, Barb Godden, Nancy O'Malley  
 Moderator: Barb Krumbach

### **SUNDAY, October 3, 2010**

0700-0800 Breakfast (Cafeteria Style) / Check out of Rooms  
 0800-0930 Navigating The Hemostasis Highway  
 Kim Noble  
 0930-0945 Break  
 0945-1030 ASPAN / RMPANA Update / Install New Officers  
 1030-1130 Passion, Purpose and Potential  
 Kim Kraft  
 1130-1145 Evaluations and Wrap-up  
 1145 Lunch (Cafeteria or Box Lunch)