

## FACULTY

**Terri Clifford MSN RN CPAN**  
Portland, Maine  
ASPAN President 2009-2010

**Barbara Godden MHS, RN, CPAN, CAPA**  
Clinical Nurse Coordinator - PACU  
Sky Ridge Medical Center  
Lone Tree, Colorado  
ASPAN Director for Clinical Practice

**Maureen Iacono BSN RN CPAN**  
Jamesville, New York  
ASPAN Past President 1998-1999

**Barb Krumbach MS, RN, CNS, CCRN, CPAN**  
Perianesthesia CNS / Educator  
University of Colorado Hospital  
Aurora, Colorado  
Co-Chair: ASPAN Pain SPG

**Nancy O'Malley, MA, RN, CPAN, CAPA**  
Perioperative / Perianesthesia Educator  
Parker Adventist Hospital  
Parker, Colorado  
ASPAN Regional Director, Region 1

**Lois Schick, MN, MBA, RN, CPAN, CAPA**  
Per Diem Staff Nurse - PACU  
Exempla Lutheran Medical Center  
Wheat Ridge, CO  
ASPAN Immediate Past President

**Mary Seitenbach BSN, RN, CPAN**  
Chest Pain Center Coordinator  
Exempla Good Samaritan Medical Center  
Lafayette, Colorado  
RMPANA Education Committee Chair

**Randall Clark MD**  
Director for Colorado Society of Anesthesiologists  
Interim Chair of Anesthesia @ The Children's Hospital

**John Sun MD**  
Colorectal Surgeon

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# Rocky Mountain PeriAnesthesia Nurses Association

## 11<sup>th</sup> Annual Retreat In The Rockies

October 2-4, 2009  
Longs Peak Lodge  
YMCA Of The Rockies  
Estes Park Center  
Estes Park, Colorado

For Directions, see [www.ymcarockies.org](http://www.ymcarockies.org) and click on Estes Park Center

Name \_\_\_\_\_ Phone \_\_\_\_\_ E-Mail \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Facility Name \_\_\_\_\_ Areas Worked \_\_\_\_\_  
 Facility Address \_\_\_\_\_  
 Title: RN \_\_\_ LPN \_\_\_ Other \_\_\_ Certifications: CPAN \_\_\_ CAPA \_\_\_ Other \_\_\_  
 ASPAN Membership # \_\_\_\_\_ RN License # \_\_\_\_\_

## PROGRAM

FEES:	Early Bird (By July 26)	Regular (July 27-August 31)	Late Fee (After August 31)	Saturday Only
Members:	\$250	\$290	\$320	\$120
Non-members:	\$310	\$350	\$380	\$140
Guest Fee:	\$215	\$225	\$235	

Registration is based on 2 registrants per room. A private room (single occupancy) is an additional \$100. Sharing Room with: \_\_\_\_\_ Need Roommate: \_\_\_\_\_

If bringing a guest to share your private room, they must pay the guest fee. They are not included in the extra \$100.00 fee.

Fee includes 2 nights lodging, 6 meals, educational materials, and contact hours.

Sunday Box Lunch: \_\_\_\_\_

Need Handicapped Room: \_\_\_\_\_

**Make checks payable to RMPANA**

Send Registration, Form and Fees to:

Lynda Marks

10227 S. Bentwood Circle

Highlands Ranch, CO 80126-7865

Cancellation Policy:

Full refund prior to 7/26/09

Upon receipt of written cancellation

No Refunds after 7/26/09

### Additional Information

We have rooms reserved in the Longs Peak Lodge at YMCA of the Rockies - Estes Park Center. They are double rooms with 2 queen beds in each, and private bath. Registration and room check-in will be in the lobby of the Longs Peak Lodge.

**There are no TVs in the guest rooms. Bring a flashlight for after dark. There is an indoor pool available. The YMCA requests that we respect quiet hours from 2300-0700.**

The weather can be variable, warm during the day and cool at night. Bring clothes for changing conditions, as well as good walking shoes.

You may eat in the cafeteria for lunch on Sunday, or a box lunch is available to take with you for those who reserve it 2 weeks ahead of time.

### Education Committee

Mary Seitenbach BSN, RN, CPAN - Chair

Lynda Marks RN, CAPA

Nancy O'Malley MA, RN, CPAN, CAPA

Maureen Lisberger BS, RN, CCRN, CPAN

Barbara Krumbach MS, RN, CNS, CCRN, CPAN

Kathy Anderson, BSN, RN, CAPA

Audrey Cook, BSN, RN, CPAN, CAPA

Lois Schick, MN, MBA, RN, CPAN, CAPA

We will be collecting hats, socks, mittens, gloves, and scarves to be donated to Battered Women's Shelters.

### FRIDAY, October 2, 2009

1000-1500 RMPANA Board of Directors Meeting  
 1500-1600 New Board Member Orientation  
 1600-1700 Thong Underwear and Leadership (1.0 IC)  
 Lois Schick MN MBA RN CPAN CAPA and Nancy O'Malley MA RN CPAN CAPA  
 1530-1930 Registration  
 1600-2000 Complimentary Chair Massages - Sign up in the lobby by the fireplace  
 1700-1900 Dinner (Cafeteria Style)  
 1930-1945 Welcome, Introductions  
 1945-2115 Trivia Bowl (1.75 DC)  
 Barb Krumbach MS RN CNS CCRN CPAN and Mary Seitenbach BSN RN CPAN  
 2115 Refreshments & Social Time

### SATURDAY, October 3, 2009

0700-0800 Breakfast (Cafeteria Style)  
 0730-0800 Exhibits  
 0800-0815 Welcome, Introductions, Orientation to Facilities  
 0815-0830 Presidents' Address - Lynda Marks RN CAPA  
 0830-0845 ASPAN Update  
 0845-1000 "To Pee or Not to Pee" (1.25 DC)  
 Terri Clifford MSN RN CPAN  
 1000-1015 Break & Exhibits  
 1015-1130 Critical Thinking (1.25 IC) - Maureen Iacono BSN RN CPAN  
 1130-1230 Lunch (Cafeteria Style) & Exhibits  
 1230-1400 CRS - Can We Talk? (1.5 DC) - Dr. John Sun  
 1400-1415 Break & Exhibits  
 1415-1515 Thermoregulation Guidelines (1.0 DC) - Terri Clifford MSN RN CPAN  
 1515-1645 Pediatric Update for Anesthesia (1.0 DC) - Dr. Randall Clark  
 1645-1700 ASPAN 101 - Nancy O'Malley MA RN CPAN CAPA  
 1700-1900 Dinner (Cafeteria Style)  
 1900-2000 District Meetings  
 2000-2130 Hot Topics (1.5 IC)  
 Terri Clifford (Electronic Charting), Barbara Godden (Standards), Maureen Iacono and Lois Schick (Legal issues), Nancy O'Malley (Moderator)  
 2130 Refreshments, Networking

### SUNDAY, October 4, 2009

0700-0800 Breakfast (Cafeteria Style) / Check out of Rooms  
 0800-0930 Professional Issues (1.5 DC) - Maureen Iacono BSN RN CPAN  
 0930-0945 Break  
 0945-1030 RMPANA Installation of New Officers  
 1030-1130 Last Hurrahs!! - Balance in Life (1.25 IC)  
 Terri Clifford MSN RN CPAN  
 1130-1145 Evaluations and Wrap-up  
 1145 Lunch (Cafeteria or Box Lunch)

**Purpose:** To provide perianesthesia nurses working in hospitals, ambulatory surgery centers, and offices with education related to clinical issues and work environment concerns

**Target Audience:** Ambulatory, perianesthesia and procedural nurses